hadn't been necessary in the first place. Because the best way to support the men and women of the United States military. I believe, would be not to send them to fight in unnecessary wars in the first place.

The tragedy is all the more poignant, Mr. Speaker, because these injuries are being sustained in conflicts that are doing little or nothing to advance our national security interests. I can't help but think how many military families would have been spared the struggle if we had taken a SMART security approach to fighting terrorism or if we had doubled down on humanitarian aid rather than resorting to aggression, invasion, and occupation.

But as fiercely as I am in opposition to these two wars, I will never turn my back on the men and women who have been asked to fight them. In fact, the more skeptical you are about Iraq and Afghanistan, the greater you should be in your obligation to our troops on the front lines. There's one big solution to the strain on our veterans health care system and family caregivers, and that would be to reverse the disastrous policy that is creating more wounded combat veterans every single day.

So, Mr. Speaker, I can think of no better way to honor our soldiers than to end these wars and to bring all of them home—and bring them home now.

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from North Carolina (Mr. JONES) is recognized for 5 minutes.

(Mr. JONES addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

LADIES IN WHITE

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Florida (Mr. LINCOLN DIAZ-BALART) is recognized for 5 min-

LINCOLN DIAZ-BALART Florida. Mr. Speaker, the Ladies in White are a group of wives, mothers, sisters, and daughters of Cuban political prisoners. The group came together after the arrests of 75 Cuban dissidents in April 2003. Seventy-five Cuban political prisoners who, 7 years ago, joined the thousands of others who are imprisoned in Cuba because of their political beliefs or for "crimes" that are only "crimes" in a country brutally oppressed by a totalitarian regime of gangsters, by gangsters, and for gangsters. Because that is what the Castro brothers are—gangsters.

Fidel Castro has been a gangster since he was a juvenile delinquent. He became a Communist to give ideological clothing to his gangsterism. Raul Castro came to gangsterism via Marxism-Leninism, after his brother sent him as an almost illiterate adolescent to then-Czechoslovakia, where he received a rigorous indoctrination in Marxism-Leninism. So the brothers ar-

rived at gangsterism via separate paths, but they are both experienced and ruthless practitioners of the most violent and brutal forms of gangsterism.

The Ladies in White experience the tactics of the Castros' gangsterism every single day. The Castros' state security apparatus pays and trains thugs to strike fear in the hearts of all Cubans in order to keep the regime in power. The thugs, the plainclothes terrorists of the Castros' regime, harass, intimidate, insult, spit upon, and engage in violence against the unarmed dissidents and other independent civil society members in Cuba. These spectacles are known as "acts of repudiation." The international press refers to the plainclothes thugs of the Castros' state security apparatus as "civilian government supporters," but that doesn't change their true nature. No, they're not "plainclothes government supporters." They're plainclothes plainclothes thugs of Cuban state security.

On recent Sundays, the Ladies in White have gone to church, as every Sunday, to pray for their family members who are political prisoners, and the thugs have become more violent. Protected by uniformed state security agents, the plainclothes thugs have spat upon and committed acts of violence against Laura Pollan, Bertha Soler, Reina Tamayo, Julia Esther Nunez, Asuncion Carrillo, Loida Valdez, Laura Maria Labrada, and the other Ladies in White.

I hereby submit for the RECORD the names of 96 Ladies in White who have been actively demanding the release of Cuban political prisoners in recent months.

- 1. Martha Díaz Rondón
- 2. Regla Vaillant Planas
- 3 Mildre Noemí Sánchez Infante
- 4. Ercilia Correoso Pérez
- 5. Maritza Castro Martínez
- 6. Blanca Hernández Mova
- 7. Lilia Castañer Hernández 8. Ivonne Malleza Galano
- 9. Devsi Lázara Suárez Martínez
- 10. Odalys Sanabria Rodríguez
- 11. Caridad Caballero Batista
- 12. Zoila Hernández Díaz
- 13. Gertrudis Ojeda Suárez
- 14. Niurkis Rivero Despaigne
- 15. Mercedes Fresneda Castillo
- 16. Sara Martha Fonseca Acevedo 17. Ismari Salomón Carcasés
- 18. Tania Montova Vázquez
- 19. Yolanda Martínez Guerra
- 20. Guadalupe Varela Mora
- 21. Zayli Figueroa Acosta 22. Odalys Zurman González
- 23. Bárbara Couvedo Riego
- 24. Miriam Espinosa del Valle
- 25. Doraida Pérez Paceiro
- 26. Iris Tamara Pérez Aguilera
- 27. Mayra Morejón Hernández
- 28. Mari Blanca Avila Espósito
- 29. Petra Serafina Díaz Castillo
- 30. Rosario Morales La Rosa
- 31. Sonia Garro Alfonso
- 32. Maylisis Abrahantes Muñoz
- 33. Juana Gómez Riego
- 34. Yudermis Fonseca Rondón
- 35. Crispina Xiomara Duquesne Suárez
- 36. Doralis Alvares Soto
- 37. Ana Iris Vega Rodríguez
- 38. Lázara M. Caballero Betancourt

- 39. Marlenis Guerra Martin
- 40. Nerys Castillo Moreno
- 41. Tania Maceda Guerra
- 42. Caridad Sarduy Fernández
- 43. Raquel Castillo Urquiza 44. Sandra Guerra Pérez
- 45. María Elena Fernández
- 46. Yaneris Pérez Rey
- 47. Roxaida Ramírez Matos
- 48. Dulce Avalo Díaz
- 50. Ariela Riviaux Castillo
- 51. Evelia Hernández Ravelo
- 52. Georgina Noa Monte
- 53. Belinda Barzaga Lugo 54. Marioris Moreno Noa
- 55. Xiomara Duquesne Suárez
- 56. Mirtha Gómez Colás
- 57. Madeline Lazara Betancourt
- 58. Yaquelín Cutiño
- 59. Gladis Lugo Expósito
- 60. Dulce María Quintana
- 61. Suyoanis Tapia Mayeta
- 62. Leonor Reynord Borges 63. Leydi Coca Quesada
- 64. Noely Camila Araujo Molina
- 65. Yordanka Peña López
- 66. Yeni Palenzuela Izquierdo
- 67. Ana Aguililla
- 68. Laura Inés Pollan Toledo
- 69. Bertha Soler Fernández
- 70. Melba Santana Ariz
- 71. Revna Luisa Tamavo Danger
- 72. Belkis Cantillo Ramírez
- 73. Alejandrina García de la Rivas
- 74 Julia Núñez Pacheco
- 75. Nélida Borrego Aragón 76. Revna Maria Ortiz Tamavo
- 77. Milka Maria Peña Martínez
- 78. Ana Belkis Ferrer García
- 79. Loida Valdés González
- 80. Lidia Esther Lima Valdés
- 81. Magaly Broche de la Cruz
- 82. Isabel Sánchez Altarriba
- 83. Yamilé Velázquez Batista
- 84. Sonia Alvarez Campillo 85. Asunción Carrillo Hernández
- 86. Irene Viera Filloy
- 87. Bárbara Rojo Arias
- 88. Iraida Soledad Rivas Verdecia
- 89. Amada Evelia Hernández Ravel
- 90. Catalina Cano
- 91. Elsa González Padrón
- 92. Belkis Barzaga Lugo
- 93. Gisela Delgado Sablón
- 94. Noelia Pedraza Jiménez
- 95. Nancy Sánchez Altarriba
- 96. Mercedes Acosta antiago de Cuba

I also submit for the RECORD a letter sent today by representatives of the Ladies in White outside of Cuba, Blanca Reyes Castanon and Yolanda Huerga, asking international leaders for support in the Ladies in White's struggle for human rights and liberty.

March 27, 2010.

DEAR SIR, We write you as the Representatives of the Ladies in White in Europe and the United States, to seek your urgent attention for the current plight of Cuba's political prisoners and their families.

The Ladies in White are members of independent civil society and the group was born spontaneously, seven years ago, as a result of the arrest of 75 members of the peaceful opposition by the Cuban regime during the Black Spring of 2003. Wives, mothers, sisters, and daughters of these prisoners only ask for the right to see their unjustly jailed relatives freed.

By this means we seek to ask, that as a representative of a democratic nation where human rights and freedom of speech are respected, that you attempt, and within your ability, interest yourself personally and seek the attention of those individuals and institutions that you see fit, to defend these